

TIMETABLE

Board of Study in Food Science & Technology, PGIA, UOP Program: **Food & Nutrition** (Peradeniya Intake)

Academic Year: 2026, Semester: 01 (from 28-03-2026)

TIME	SATURDAY	SUNDAY
8.00 - 9.00 a.m.	FT 5105 Food Microbiology (C/2)	FT 5113 Human Nutrition (C/3)
9.00 - 10.00 a.m.	FT 5105 Food Microbiology (C/2)	FT 5113 Human Nutrition (C/3)
10.15 - 11.00 am	FT 5101 Principles of Food Science (C/2)	FT 5113 Human Nutrition (C/3)
11.00 - 12.15 p.m.	FT 5101 Principles of Food Science (C/2)	FT 5199 Seminar (C/1)
12.15 - 1.00 p.m.	LUNCH BREAK	
1.00 - 2.00 p.m.	FT5103 Biochemistry (C/3)	FT 5153 Nutrition Advocacy and Counseling (E/2) FT 5154 Functional Foods & Nutraceuticals (E/2)
2.00 - 3.00 p.m.	FT5103 Biochemistry (C/3)	FT 5153 Nutrition Advocacy and Counseling (E/2) FT 5154 Functional Foods & Nutraceuticals (E/2)
3.15 - 4.00 p.m.	FT5103 Biochemistry (C/3)	FT 5151 Sociology of Food and Nutrition (E/2)
4.15 - 5.15 p.m.	FT 5152 Sports Nutrition (E/2) FT 5111 Food Safety (E/2)	FT 5151 Sociology of Food and Nutrition (E/2)
5.30 - 6.30 p.m.	FT 5152 Sports Nutrition (E/2) FT 5111 Food Safety (E/2)	FT 5114 Nutritional & Health Aspects of Food (C/2)
6.30 - 7.30 p.m.		FT 5114 Nutritional & Health Aspects of Food (C/2)

Abbreviations: **C = Compulsory**, E = Elective,
Highlighted courses are common for both FST and
FN programs, Number of credits are indicated
within parenthesis: (/....)

Teaching panel (Course coordinator is in Boldface)

FT 5101: Dr. Nihal Wijesinghe (070-558 2692)

FT 5103: Dr. Swarna Wimalasiri (077-356 9609)

Prof. Niranjan Rajapakse (075-445 1872)

Dr. Sumudu Warnakulasooriya

(076-480 0464)

FT 5105: Prof. Terrence Madhujith (071-341 2171)

Prof. Niranjan Rajapakse (075-445 1872)

FT 5111: Prof. Terrence Madhujith (071-341 2171)

FT 5113: Dr. Ananada Chandrasekera

(077-703 0558)

Dr. Saumali Daundasekara (071-485 7600)

Dr. Geeshani Somaratne (070-167 1391)

FT 5114: Dr. Nihal Wijesinghe (070-558 2692)

FT 5151: Mr. N.D. Wilfred (070-265 8521)

FT 5152: Dr. Ananada Chandrasekera

(077-703 0558)

FT 5153: Mr. Udeni Sarathchandra (071-803 3290)

FT 5154: Prof. Eresha Mendis (071-445 1871)

FT 5199: Dr. Nihal Wijesinghe (070-558 2692)

Chairperson/ BS in FST: Mr. Palitha Arampath (071-848 1039)

Secretary/ BS in FST: Prof. Eresha Mendis (071-445 1871)

24.03.2026